

# Personal USMLE Experience

I will be describing my USMLE experience from my point of view as many of my friends have been asking me and I thought of making a short document to be used by all who need it

My scores are:

Step1 score 252

Step 2CK score 262

I got interviews from 11 programs: 5 of them are university programs.

**Check our Step 1 and 2CK Notes at  
[www.drjamalusmle.com](http://www.drjamalusmle.com)**

# **Disclaimer**

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USMLE exams may seem hard but it is not about what you study, it is about how you study. On the other hand, luck may play a huge role during the exam. The exam process including registration, payment and preparation need some good time before hand in addition to thorough thinking and planning.

Reserving an appointment for the exam day is by itself an important part, it puts you in a time frame and this should be the first thing to do even before you start studying for the exam. Your scores do not correlate with the amount of time you spent studying, but it does correlate the amount of time you spent analyzing how the exam will be like.

## Tips for Step 2Ck:

- I did have a fast read for a book called “master the boards”. It doesn’t give much info but it contains some questions within that teach you the concept of “most appropriate next step”. Look for boxes on the side, it might be helpful to read. They have straight forward and valuable information.
- Concentrate mainly on solving Questions, you will be surprised how diverse the exam would be.
- I did Kaplan Qbank first for 4 weeks. I finished 70% of it and I think it needs a bit much more than that. I was also slow as the type of questions is a bit harder and longer in stem.

- After Kaplan Qbank, I did 2 months of Uworld that was enough time for 2200 question and had the chance to repeat all the marked and wrong questions.
- All in all I studied for around 4 months for step 2CK. You might have to revise biostatistics again for the exam as these things are forgotten so fast.
- I recommend that you do uWorld before Kaplan Qbank. It might be a better and easier choice and a less depressing start.

## **To summarize:**

My advice is to give yourself good time to prepare using first aid book which is concise. Before starting the Qbank, read my notes and make sure you understand the points well. Do USMLE World Qbank at least once, better if twice. Try to do other Qbanks like Kaplan or NBME. Read my notes again just before you go to the exam.

Good Luck